EXECUTIVE SUMMARY

Missouri Mental Health Commission Meeting

Department of Mental Health 1706 East Elm Street—Conference Rooms A/B Jefferson City, MO 65101

March 12, 2009

Debra Walker, Director's Office

PRESENT

Beth Viviano, Chair Patricia Bolster, M.D. Kathy Carter David Vlach, M.D. Joann Leykam Dennis Tesreau

STAFF

Keith Schafer, Department Director Lynn Carter, Deputy Director Mark Stringer, Division Director, ADA Bernie Simons, Division Director, DD Dr. Joe Parks, Division Director, CPS Felix Vincenz, CEO, CPS Monica Hoy, Director's Office Bob Bax, Director's Office Brent McGinty, Administration Jan Heckemeyer, DMH Administration Pam Leyhe, Director's Office Leigh Gibson, Office of Consumer Safety John Heskett, Office of Child MH Audrey Hancock, Director's Office Cathy Welch, Director's Office Diane McFarland, Office of Transformation Benton Goon, MIMH Rikki Wright, General Counsel Virginia Rowe-Pearson, DMH ITSD Director

GUESTS

Tec Chapman, Division of DD Debbie McBaine, Division of ADA Zach Pollock, Director's Office Dottie Mullikin, Office of Transformation Rhonda Haake, ITSD Vickie Epple, Office of Transformation Judy Finnegan, Office of Child MH Bianca Arrington-Madison, Division of ADA Jodi Haupt, Division of ADA Stephanie Winslow, Director's Office Vickie Epple Office of Transformation Virginia Selleck, Division of CPS Tish Thomas, Divisions of CPS/DD Angie Stuckenschneider, Division of ADA Laurie Epple, Division of ADA Steve Reeves, Division of CPS Patty Pratt, Investigations Unit Director Liz Hagar-Mace, Housing Robin Rust, Division of DD Jeff Grosvenor, Division of DD Laine Young-Walker, Division of CPS Susan Pritchard-Green, MO PCDD Carol Baer, Emmaus Homes Molly Boeckmann, OA Budget & Planning Tim Swinfard, MO CMHC Greg Kramer, MARF, St. Louis Erica Stephens, MO P & A

Jhan Hurn, Community Support Serv. Judy Alexander-Weber, Emmaus Homes

Kay Hucke, Emmaus Homes

Lisa Drier, Emmaus Homes Marilyn Nolan, MOANCOR Pam Guiling, Senate Appropriations Helen Minth, St. Louis Empowerment Ctr. Dong Cho, MIMH Wendy Sullivan, Life Skills Richard Mesquias, Eli Lilly Joyce Prage, Productive Living Board Mary Sullivan Thomas, Comm. Opportunities Darcy Pratt, Paseo Clinic Kathy Meath, St. Louis ARC Mark Keeley, St. Louis ARC

TOPIC/ISSUE	DISCUSSION
CALL TO ORDER/ INTRODUCTIONS	Beth Viviano, Secretary, called the Missouri Mental Health Commission Meeting to order at 9:00 a.m. on March 12, 2009. The meeting was held at Department of Mental Health, Conference Room B, 1706 East Elm Street, Jefferson City, Missouri. Introductions were made.
APPROVAL OF MINUTES	• Kathy Carter made a motion to approve the Minutes of the February 5, 2009 Mental Health Commission Meeting. Joann Leykam seconded the motion and the Minutes were approved.
OPEN DISCUSSION	Beth Viviano shared that she and Dr. Bolster met with Benton Goon and Clive Woodward to discuss the DMH Performance Measures. They discussed each measure and made some changes that will be beneficial to the process.
	 Monica Hoy noted that the Division of Alcohol and Drug Abuse will present their Strategic Plan at the April 9th Commission meeting. The Office of Transformation and the Office of Child Mental Health will present their plans at the May 14th Commission meeting. June will be a travel month for the Commission and July will be the Annual Commission Meeting at a location to be determined.
REAL VOICES— REAL CHOICES: CONSUMER, FAMILY, YOUTH LEADERSHIP CONFERENCE	• Leigh Gibson reported that the 2009 Consumer, Family, and Youth Leadership Conference is scheduled for August 23-25, 2009 at Tan-Tar-A Resort at Osage Beach. She provided copies of the brochure and noted the fee is \$65 for consumers and \$130 for professionals. Lodging for consumers at the Conference will be provided as part of their registration. Professionals will be expected to pay for their two-night stay. All attendees will be responsible for their travel, meals, and other expenses. The deadline for registration is June 30, 2009. The call for papers, the brochure, and a blog on the conference have been published and are available on the DMH website at www.dmh.mo.gov .
LEGISLATIVE UPDATE AND MENTAL HEALTH CHAMPIONS UPDATE	 Bob provided a handout listing legislation of interest and noted some items of interest: SB 318 and HB 866 – deal with protecting DMH clinical staff from meritless complaints from Sexual Violent Predators (SVPs) at Missouri Sexual Offender Treatment Center (MOSOTC). Both bills were voted out of committee as consent bills this week. SB 435 and HB 826 – deal with controlling outside contact by SVPs at MOSOTC and housing SVP Detainees. Proposal would clarify that persons recommended for treatment in the Sexual Violent Predator Treatment Program may be detained in a county jail while awaiting a court hearing to determine if they are to be committed to the program. Both were voted do pass – consent this week. HB 10 – clarifies that minors can be used for tobacco retailer education purposes. Rep. Icet included language in filed HB 10. HB 235, HCS HBs 187 and 235 – designating Developmental Disability Providers and allows the Division of Developmental Disabilities the ability to designate an entity for Case Management services in a specified area

TOPIC/ISSUE	DISCUSSION
	 where there is no Senate Bill 40 Board that can provide the service. Is on Perfection Calendar. SB 511 – DD and Community Based Waiver Provider Tax: proposal authorizes the Developmental Disability Home and Community Waiver Program participants to pay a provider tax that would generate additional federal funding that would come back to them as increased program funding. Referred to Ways and Means HB 459 – FRA for ground ambulance services. Vehicle for DD waiver and Community Based Provider Tax. Rep. Schaaf has agreed to amend the bill with DMH language, but unable to amend in House due to some reservations by some providers. Provider concerns fixed, will amend in Senate Committee. HB 740 – Provider Tax Clean-up. Proposal extends the sunset date for the ICFMR Provider Tax statute. Hearing conducted in Budget and voted do pass with HCS. Perfected March 10. SB 378 – Provider Tax Clean-up, same as HB 740. Health/Mental Health Hearing conducted 3/2, testified in favor. SB 540 – Mid Missouri Mental Health Center conveyance to University of Missouri. Referred to General Laws. HB 918 – Mid MO Mental Health Center conveyance to University of Missouri. Corrections and Public Institutions—Hearing conducted 3/11; testified in favor and voted do pass, consent. HB 43 – amends statute regarding prescribing psychotropic medications. Second read; referral pending. Bob gave an update on the Mental Health Champions Awards Banquet on April 1, 2009. He noted the Mental Health Champions—Robert Qualls, Jamie Graham, and Regina McKinney, and the Lasting Legacies recipients—Warren and Betty Hearnes, and Dr. Elmer Jackson chosen this year and encouraged attendance.
BUDGET UPDATE	 Keith Schafer gave background on recent budget activities with the House Budget Committee. Jan Heckemeyer provided handout and reviewed the DMH FY 2010 Core Reductions, including the Governor Recommendations, the House Budget Committee Recommended Reductions, and the Totals. She noted the budget has been presented to the Senate Appropriations Committee and the House Budget Committee. Keith Schafer explained the actions taken by the House in restoring funding for ADA and CPS non-Medicaid services cost to continue, but not restoring for Developmental Disabilities. Discussion was held on the impact of possible core reductions in Developmental Disabilities. Jan provided a handout and reviewed the DMH FY 2010 Operating Budget New Decision Items including the Department Request, Governor Recommendations, and House Budget Committee recommendations. Totals are: Department Request—\$1,318,988,250; Governor Recommends—\$1,214,433,611; House Budget—\$1,164,895,411. Jan gave an overview of these items. Discussion was held on the process of requesting new decision items. Jan noted that the FY 2009 Supplemental Budget has passed the House and Senate. Keith Schafer shared information on discussions taking place with regard to an opportunity to utilize a 50-bed hospital at Carthage, Missouri that could serve 45 people who are currently in minimum security settings at Fulton State Hospital and are from southwest Missouri. This would help alleviate the over-census at Fulton. Keith explained and discussion was held on the benefits and costs to implement this plan.

TOPIC/ISSUE	DISCUSSION
	 Keith explained the process of detainees at Missouri Sexual Offender Treatment Center (MOSOTC) being sent back to the county jails in the county in which they were charged. Keith shared that discussions are ongoing with judges, sheriffs, and other parties involved. Keith shared that negotiations are ongoing with the Psychiatric Acute Care Transitions (PACT) of Mid Missouri Mental Health Center (MMMHC) to the University of Missouri Health Systems, and Western Missouri Mental Health Center (Western) to a private provider. MMMHC negotiations are at the level of the Governor's Office. The transitions are expected to be completed by July 1, 2009. Keith reminded that these transitions are not yet final.
PUBLIC COMMENT	Wendy Sullivan, Executive Director of Life Skills, spoke on caseload growth for people with developmental disabilities. In talking to legislators, it is clear to her that they do not understand caseload growth and crisis. There is a need to work with providers and the division to develop information for the legislators. She provided a handout from the Missouri Association of Rehabilitation Facilities that was developed to inform people of the need for funding for caseload growth.
TRANSFORM MISSOURI INITIATIVE	 Lynn Carter is the DMH staff person assigned to the Governor's Economic Stimulus Coordination Council (GESCC) and she provided a handout and discussed the recommendations and highlighted some points: Transform Missouri Initiative (TMI), lead by Jeff Harris, Paul Wilson and Linda Luebbering, with Project Manager Mark Reading, is a team of state agencies convened by Executive Order, with website and public input. Some GESCC recommendations are: urgency, cooperative effort, single application for ARRA competitive funds, single state agency as lead for each ARRA appropriation, statewide focus, long-term planning, individual council member recommendations outside report, emphasis on sustainability, mandate accountability and transparency. The TMI Team Charge – manage website, coordinate processes, keep Governor's Office informed and involved. Each lead agency is in charge of specific appropriations. ARRA Key Components are: state fiscal stabilization fund, health, human services, housing, nutrition, education, labor, wireless and broadband, energy and environment. ARRA fund distribution: formula grants to states, competitive grants, direct payments to recipients. ARRA and Accountability – strings and conditions are: rapid disbursement, maintenance of effort, changes in rules, bonus payments not to be considered income; increased data collection and reporting requirements; increased expectations regarding transparency and accountability. Opportunities for DMH: public safety grants, education, HIT, prevention and wellness, workforce development, housing, capital improvements. Lynn shared that this group is working on a mega spreadsheet in which she has been asked to fill in for mental health and shared some ideas for maximizing opportunities.
DIVISION AND SECTION UPDATES	 Mark Stringer reported on the Division of Alcohol and Drug Abuse: Mark recognized Dr. Dong Cho from Missouri Institute for Mental Health and thanked him for being a long-time

TOPIC/ISSUE	DISCUSSION
	partner in receiving grants from SAMHSA. O Mark introduced Darsy Pratt and George Norman who operate the Division of ADA Paseo Clinic in Kansas City. Mark commended Darsy and George for their work at the clinic and shared that in January the clinic received a CARF full three years accreditation. Mark read a portion of the glowing report the clinic received from CARF. Darsy shared information related to the services at Paseo Clinic and things that CARF commended them for.
	 Felix Vincenz reported on the Division of Comprehensive Psychiatric Services: Dr. Joe Parks is working with Office of State Courts Administrator (OSCA) on the issue of the Incompetent to Stand Trial detainees being sent to the county jails. Every three years the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) comes to our inpatient facilities for accreditation. That accreditation survey is taking place now at Hawthorn Children's Psychiatric Hospital in St. Louis. MOSOTC staff is working to become ready for the Joint Commission to come for their accreditation survey soon after July 1. That accreditation would bring all the CPS facilities under JCAHO certification except Southwest Missouri Mental Health Center. Southwest Missouri Mental Health Center has chosen to be accredited by the Center for Medicaid Services. Kathy Carter asked about the NAMI scorecard that was recently released and the discrepancy in accreditation in that report. Felix shared that the current accreditation information had been provided to NAMI for the survey, but somehow it had not been included in the report. They have given NAMI their corrections. David Vlach asked if the over-census issues would impact our JCAHO accreditation. Felix has concerns that it has potential to, which makes the new detainees legislation so important.
	 Bernie Simons reported on the Division of Developmental Disabilities: Bernie noted a letter and document sent to the Commission from Max Lytle, President of Missouri Association of County Developmental Disabilities Services that looked at ways in which to enhance waivers to leverage state dollars. Bernie and staff will begin work on that project. The division has contracted with the Lewin Group through their Systems Transformation Grant to address issues with the tool to determine level of need. Refinement of the tool is hoped to be completed in the next three months. Dr. Joan Beasley, who is on the Board of Directors of the National Association of Dual Diagnosis, has been working with staff to look at building a better crisis intervention system for their dual diagnosis clients. The division has partnered with the Thompson Foundation to address the need for standardization of diagnostics, evaluation, and assessment. A group of approximately 40 professionals has been formed and are in the process of meeting to develop these standard guidelines by December 2009.
	 John Heskett reported on the Office of Child Mental Health: They are working with the ARRA group to seek stimulus funding on items such as the Trauma Initiative,

TOPIC/ISSUE	DISCUSSION
	Evidence-based Practices, School-based Mental Health, working with education groups on a software support system to aid families of children with Autism using "smart" technology to identify areas of funding. They are working with the Office of Transformation in developing youth driven groups to work with other youth in the community, called REACH (responding through empowerment and action to create communities of hope). The Missouri Foundation for Health has awarded funding for implementation of the program called "Bright Futures" in Missouri that is a program that focuses on assisting physicians and providers in understanding what is typical social and emotional development in children/youth, and how to facilitate that development. That will be implemented in Moberly, Rolla and Joplin where a public health model will be used in partnership with the Children's Trust Fund to encourage positive social and emotional development in the community. Judy Finnegan is beginning a process of identifying priorities for the Comprehensive Systems Management Team to focus work on areas of the Comprehensive Children's Plan. Diane McFarland reported on the Office of Transformation: Mental Health First Aid and Show-Me RESPECT activities are ongoing in mental health promotion and public education. The Department of Higher Education has requested to be involved in Mental Health First Aid and to be a member of the Transformation Working Group. They received a grant from Missouri Foundation for Health called, "No Butts About It" to promote prevention of tobacco use for DMH clients. Keith Schafer reminded that a responsibility of the Office of Transformation is to increase public awareness of mental illness and will face the issue of sustainability.
FUTURE	• Monica Hoy announced that the 2009 Mental Health Awareness Day is scheduled for April 21, 2009 at the Capitol. The next Mental Health Commission Meeting is scheduled for April 9, 2009 at Department of Mental Health in Jefferson
MEETINGS	City.
ADJOURN	David Vlach made a motion that the meeting adjourn. Kathy Carter seconded the motion. The Mental Health Commission adjourned at 3:00 p.m.
	Beth Viviano, Secretary